

The concept of the IAYP is simple – anyone aged between 14 and 25 can do a programme at one of three progressive levels which, when



successfully completed, lead to a Bronze, Silver or Gold Duke of Edinburgh's Award. There are four sections at Bronze and Silver level and five at Gold. With assistance from adult Leaders, participants select and set objectives in each of the following areas: Discuss using grapefruit products with your doctor

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[generic discount cialis](#)

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- **Volunteering** : undertaking service to individuals or the community.
- **Physical** : improving in an area of sport, dance or fitness activities.
- **Skills** : developing practical and social skills and personal interests.
- **Expedition** : planning, training for and completion of an adventurous journey in the UK or abroad. For bronze this is a weekend away doing roughly 15 km a day, based on a preplanned route.
- At Gold level, participants must do an additional fifth **Residential** section, which involves staying and working away from home doing a shared activity.

IAYP School Projects

The IAYP volunteers carried out the School Anti-Litter Campaign (Cleanup Force club) .Brief

outlines of the projects are as follows:

Anti-Litter Campaign

- Making Posters and signs for the school buses
- Posters around the water dispensers
- Carried out a litter survey around the playgrounds and classes
- Did up a Notice Board to creating awareness among the students
- Organizing a special assembly after exams on the above topic and exchange experiences

Paper Recycling Drive

- Installing collection points for scrap paper in the staff rooms, floors and any other room with printers
- Installing a main paper recycling collection point for the whole school
- Deputing student volunteers for various collection points
- Recycling blank papers to make notebooks for the underprivileged children
- Making paper bags from scrap paper
- Using the scrap paper for other recycling projects
- Conducting assembly to create recycling awareness

The IAYP team put up a Recycling Exhibition for the PTM in March. With life size models out of the trash to sensitize the community about the 3 R's- Reduce, Reuse & Recycle. Making constructive use of spare time.